

Wilma Rudolph

<http://gardenofpraise.com/ibdwilma.htm>

When Wilma Rudolph was four years old

help children learn about discipline and work.

Polio causes people to

be crippled and unable to walk.

In Wilma's family there were

encouraged Wilma to start running.

Wilma's mother took her by bus to

she won a bronze medal at the 1956 Olympics.

Wilma's brothers and sisters

twenty-two children.

By the time she was eight years old

she had a disease called polio.

Wilma played basketball

rubbed her legs four times a day.

Her track coach

with her brothers every day.

While she was still in high school

a hospital where she received therapy.

In the 1960 Olympic Games

she could walk with a leg brace.

After she retired from running

Wilma won two gold medals.

Wilma started a foundation to

she went on to coach women's track teams.